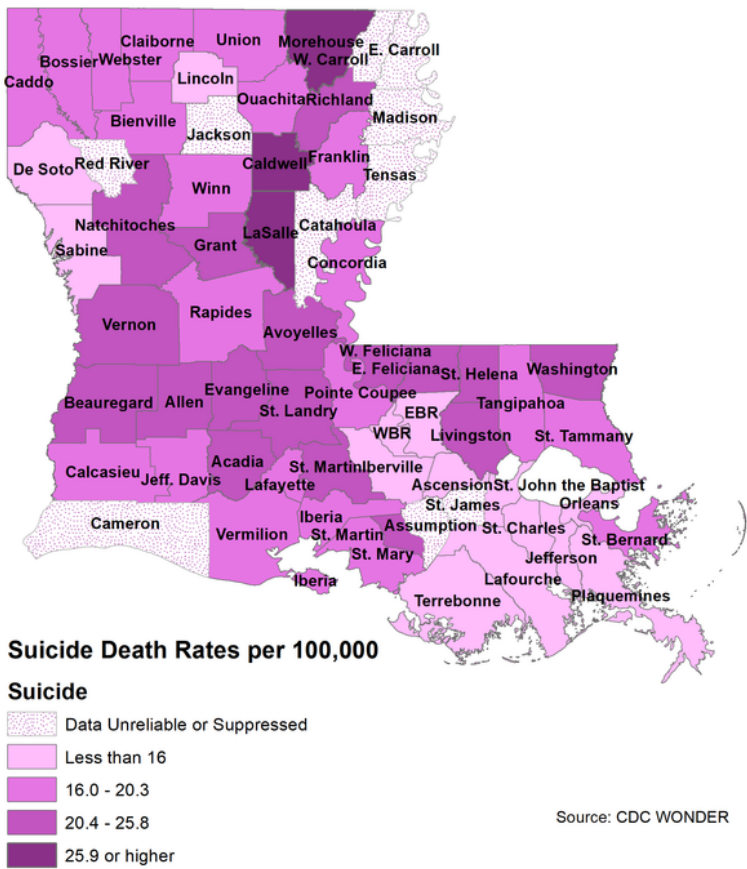


Suicide in Louisiana

This factsheet reflects the most current available data for all sources as of April 2026.
Data sources are updated at different intervals throughout the year.

Suicide Deaths Rates by Parish, Louisiana 2020-2024 (All Ages)



2024 Data (Ages 10+)

Suicide was the **11th leading cause of death in Louisiana for ages 10 and older.**

Suicide was the **third leading cause of death for Louisianans ages 10-24 and 25-34** (10.5 and 15.5 per 100,000 respectively).

Louisiana’s suicide rate was higher than the national average at 16.3 per 100,000 people, compared to 16.2 per 100,000 people nationally.

In 2024, **central Louisiana experienced the highest rate of suicides**, at 19.2 per 100,000 people.

Deaths in 2024 (All Ages)

In 2024, there were 623 deaths by suicide in Louisiana

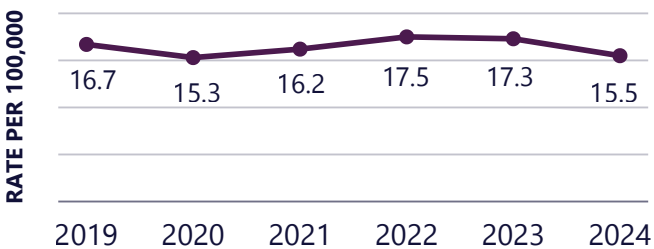
- **80%** (498) of suicide deaths were **male**²
- **68%** (424) of suicide were due to **firearms**²
- **13%** (84) of suicide deaths were currently or formerly in the **U.S. Armed Forces**²

The following age groups had the highest rates of suicide:^{2,3}

- **Age 80+:** 21.6 per 100,000
- **Age 50-59:** 19.2 per 100,000
- **Age 20-39:** 17.7 per 100,000

Trends Over Time (Ages 10+)

Louisiana Suicide Rates



While overall suicide rates decreased between 2019 and 2024 in Louisiana, **suicide rates increased 18% within the Non-Hispanic Black population**

Suicide in Louisiana

Suicide-Related Emergency Department Visits (All Ages)



There were **32,607** emergency department visits related to suicidal ideation and attempt in 2024⁴



28% more female suicide-related emergency department visits compared to males in 2024 for all ages⁴

Between 2022 and 2024 for suicide-related emergency department visits decreased 5% overall for all ages:

- 4.7% decrease within all ages in the **Black population**
- 9% decrease within all ages in the **white population**

Suicide Circumstance Data (Ages 10-24 from 2018-2023)



Firearms were the primary method of injury in 71% of suicides



Approximately one in three victims were reported to have had a history of being treated for mental health or substance use problems



62% of suicides occurred at the victim's residence

Recommendations for Reducing Suicide and Self-Harm

It is important to reduce the risk of suicide before it occurs. Strategies to prevent immediate and long-term harms of suicidal behaviors for individuals, families, and communities should include the following actions:



Support Louisianans At Risk

Train communities to recognize mental health crises and connect people with stabilizing care.



Expand Access to Suicide Care

Improve coverage for and access to preventive behavioral health care for Louisianians, especially in rural areas.



Create Protective Environments

Reduce access to lethal means among persons at risk for suicide.



Strengthen Economic Security

Reduce financial stress by ensuring livable wages, disability insurance, and affordable housing.

Find more suicide prevention strategies in the [Centers for Disease Control and Prevention's Suicide Prevention Resource for Action](#) at cdc.gov/suicide/pdf/preventionresource.pdf.

Learn More About Prevention

To learn more about suicide in Louisiana, view data dashboards, and find prevention resources, visit partnersforfamilyhealth.org/preventsuicide or scan the QR code.



1. CDC WONDER 2. Louisiana Vital Records 3. US Census Bureau 4. ESSENCE Syndromic Surveillance 5. Louisiana Violent Death Reporting System (VDRS)