

Suicide in Louisiana

2023 Data

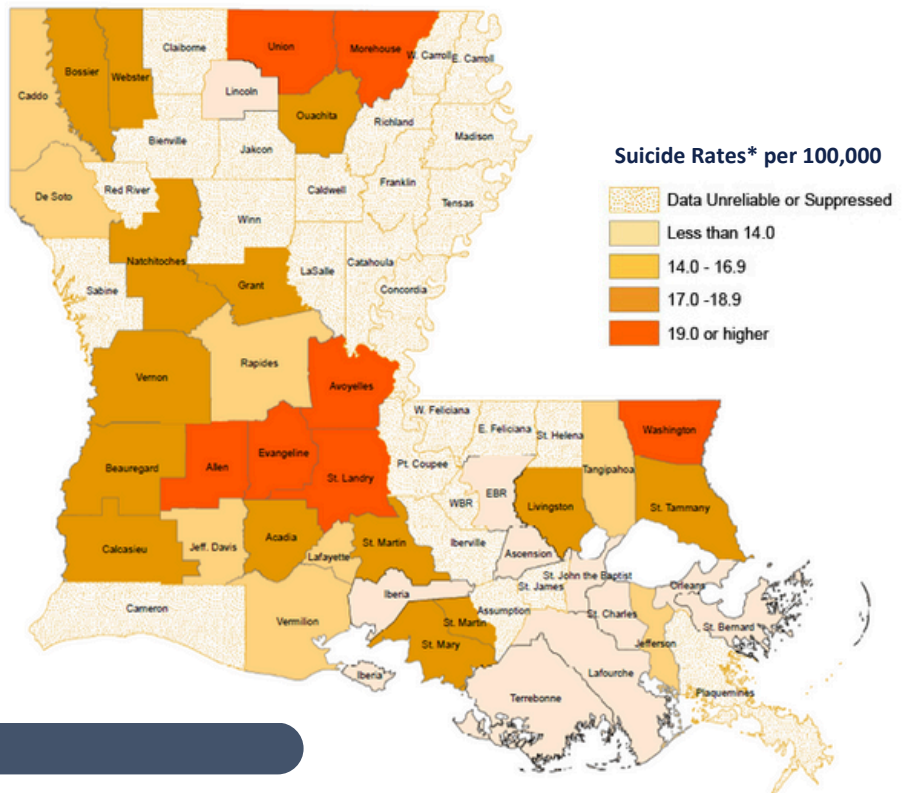
Suicide was the **eleventh leading cause of death** in Louisiana.¹

Suicide was the **third leading cause of death** for Louisianans ages 10-24 (9.7 per 100,000) and 25-34 (22.2 per 100,000).¹

Louisiana's age-adjusted **suicide rate was higher than the national average** at 15.7 per 100,000 people in Louisiana, compared to 14.7 per 100,000 people nationally.¹

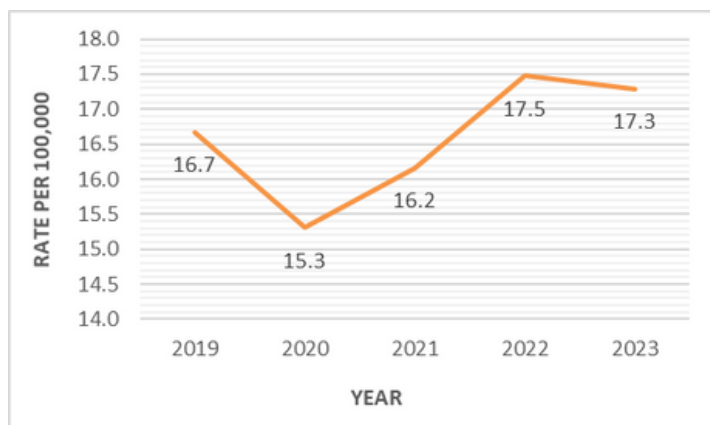
Hammond/Slidell region experienced the highest rates of suicide, with 113 lives lost.²

Suicide Death Rates* by Parish, All Ages, Louisiana 2019-2023¹



Trends Over Time

Louisiana Suicide Rates, Ages 10+^{2,3}



In 2023, there were 691 deaths by suicide in Louisiana²

- 80% of suicide deaths were **male**.
- 68% of suicide deaths were **due to firearms**.
- 14% of suicide deaths were currently or formerly in the **U.S. Armed Forces**.

Between 2019 and 2023:²

- Suicide rates **increased 51%** within the Non-Hispanic Black population.

From 2021-2023, the following age groups had the highest rates of suicide:^{2,3}

- **Age 50-59:** 21.3 per 100,000
- **Age 40-49:** 20.5 per 100,000
- **Age 30-39 and Age 80+:** 20.0 per 100,000

Suicide-Related Emergency Department Visits

There were 33,059 emergency department visits related to suicidal ideation and attempt in 2024.⁴

Suicide-related (ideation and attempt) visits decreased overall from 2021-2023.



More **female suicide-related** emergency department visits compared to males in 2023.



Between 2021-2023 for **suicide-related** emergency department visits:

20%

A percentage increase within the Black population



4%

A percentage increase within the white population

Suicide in Louisiana



Teen Behavior Survey

According to the 2023 Louisiana Youth Risk Behavior Survey, fewer Louisiana teens reported having suicidal thoughts and attitudes compared to 2021.

In Louisiana from 2021 to 2023, there was a **17% decrease** in high school students reporting that they felt sad or hopeless.

There was a **32% decrease** in high school students reporting that they seriously considered attempting suicide in the previous 12 months before the survey.

Females were more likely to report suicidal thoughts than males.



Felt Sad or Hopeless:

39% of students overall
41% Black
36% white
32% Hispanic



Seriously Considered Suicide:

18% of students overall
21% Black
16% white
16% Hispanic



Made a Suicide Plan:

18% of students overall
20% Black
17% white
12% Hispanic



Attempted Suicide:

15% of students overall
20% Black
16.4% Hispanic
11% white

Solutions for Reducing Suicide and Self-Harm

It is important to reduce the risk of suicide before it occurs. Strategies to prevent the immediate and long-term harms of suicidal behaviors for individuals, families and communities should include:

Support Louisianans At Risk

Train communities to recognize mental health crises and connect people with stabilizing care.

Expand Access to Suicide Care

Improve coverage for and access to preventive behavioral health care for Louisianans, especially in rural areas.

Create Protective Environments

Reduce access to lethal means among persons at risk for suicide.

Strengthen Economic Security

Reduce financial stress by ensuring livable wages, disability insurance and affordable housing.

Find more suicide prevention strategies in the [Centers for Disease Control and Prevention's Suicide Prevention Resource for Action](#).

Learn More About Prevention



[988 Suicide and Crisis Lifeline](https://988lifeline.org)

988lifeline.org



[American Foundation for Suicide Prevention](https://afsp.org)

afsp.org



[Louisiana Department of Health](#)

[Office of Behavioral Health Resources](#)



[Louisiana Department of Health](#)

[Bureau of Family Health- Non-fatal Injury Dashboards](#)

***Crude rates have not been adjusted for other variables that may impact on outcomes.*

Data Sources: 1) CDC Wonder · 2) Louisiana Vital Records · 3) U.S. Census Bureau · 4) ESSENCE Syndromic Surveillance